

Children's Trays

Within the baby room, each child is given three trays: one in the milk kitchen for their powder milks, beaker, bottles etc; one in the main room for their spare clothes, comforters, dummies etc; and one for their nappies, wipes, cream etc. These trays are solely used for your child and each tray is labelled with your child's name.

Weaning

Within the baby room, we have a weaning plan for young babies/children. Our weaning plan is divided up into six areas from four months to one year of age, which meets each step from baby rice to puréed fruit and vegetables, to lumps, to finger foods and then onto full solids.

Activities

Within the baby room we encourage children to take part in a range of activities to aid their sensory development; fine and gross motor skills; and hand to eye co-ordination. Some of the fun activities we do in the baby room include sand; water; play dough; gloop; cereal; body painting; baked bean play; spaghetti play; box play; free painting; sticking; free drawing; music and movement; and the sensory room.

Garden Time

We like to get the babies into the garden as much as possible to encourage their physical development. The babies are given the opportunity to run around in their own secure play area, which is safely secured by a high fence, gates and sponge flooring. There are slides, see-saws, bikes, pushchairs, balls, hoops, a trampoline, dolls house, digging area, water and sand areas for the babies to explore.

If you have any queries regarding any of the above, please speak with a member of staff in the Baby Room.

Bright Beginnings
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Dering Way, Gravesend
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**Bright
Beginnings**
Day Nursery and Pre-school

Transitional Booklet for Babies



Daily Routine

9.30am	Greeting time/free play
10am	Snack time
10.30am	Garden time
11am	Craft and activity time
11.30am	Music and Movement/Story time/Group time
12noon	Lunch time
12.30pm – 2.15pm	Sleep time/free play
2.20pm	Snacks and drinks
2.30pm	Craft and activity time
3pm	Garden
3.30pm	Free play/group time
4pm	Tea

General Information and Changes in Baby Room

Your child will still be having regular observations to assess their development and this will be carried out by your key person who will be:

so please speak to them if you wish to see your child's unique stories.

Care Plans

Before any children start in the baby room, parents are asked to fill out a care plan which tells the baby room staff about your child. It allows staff to gain information such as what your child's milk and drinks are, what stage of eating they are at (if they are on solids) or whether they need to be started on a weaning plan, which can then be discussed. Also, in the plan are sleep times and how they like to go off to sleep (i.e. rocked off, patted or laying down); the use of any comforters; any allergies your child may have; food likes/dislikes; and general information you wish to share with baby room staff to best help them look after your child.

Sleep Time

Children are encouraged to sleep after lunch, so that they get the most out of the day but, as the children are so young, they are allowed to have sleep time when they need it. If they fall asleep or become tired, provision will be made for them within the room for a sleep. The baby area has a sleep room containing cots, as well as travel cots and small beds. Fresh bedding is provided each day by the Nursery. All the sleepers are monitored every ten minutes to ensure that the children's sleep pattern is constant and not disturbed.

Outings

In the baby room, we like to go on outings which coincide with our topic and will include anything from a teddy bear's picnic to a trip to the zoo,

Routine

There is a simpler routine for these children and they are all given more free play interaction with the staff to build a good relationship. They are also given times throughout the day to experience craft, messy sensory play and garden time.



beach or farm. All consent forms will be given to you at the time the outings are booked. Please note that when travelling in the minibus, you must provide a car seat.

Bottles/Milks/Drinks

The baby room has their own milk kitchen to prepare any milk feeds for young babies. Bottles can be prepared in the milk kitchen by the baby staff or alternatively sent in from home already made up. Drinks are provided by the Nursery in beakers and fresh juice, milk and water are always available whenever your child requires it.